

Study Hour Formula

To determine how many hours you need to study each week to get A's, use the following rule of thumb.

- Two hours per hour in class for a less challenging course
- Three hours per hour in class for an average class
- Four hours per hour in class for a challenging course

Figure out the time that you need to study by using the above formula for each course you are taking.

Easy class credit hours	_____ X 2= _____
Average class credit hours	_____ X 3= _____
Difficult class credit hours	_____ X 4= _____
Total	_____

Example:

5 classes @ 3 credits each = 15 hours in class per week--15hr/class X 3hr/study = 45 hours

Compare this number to your time left from the survey you completed on the front of the page...

Hrs/week remaining _____ minus Hrs/week optimum study time _____ = (_____)

- Determine your priorities (attending class, homework, and test prep), adjust the hours you "spend" on each task to your preferences and re-work your survey.
- This formula is a general guideline. Try it for a week, and make adjustments as needed.

*** Note: It is not only the QUANTITY of study time but it is also the QUALITY**